

Keys to the Kingdom

“AA is not a plan for recovery that can be finished and done with. It is a way of life, and the challenge contained in its principles is great enough to keep any human being striving for as long as he lives. We do not, cannot, out-grow this plan...

We must have a program for living that allows for limitless expansion. Keeping one foot in front of the other is essential for maintaining our arrestment. Others may idle in a retrogressive groove without too much danger, but retrogression can spell death for us. However, this isn't as rough as it sounds as we do become grateful for the necessity that makes us toe the line, for we find that we are more than compensated for a consistent effort by the countless dividends we receive.

(“Keys to the Kingdom”, Alcoholics Anonymous, 3rd edition, page 311 [begins pg 268 4th edition])