

Welcome to the North Shore Alano (time and name of meeting), a regularly scheduled, online meeting of Alcoholics Anonymous. This is an open meeting, meaning all are welcome. Please remember that the purpose of AA is to help those who have a desire to stop drinking. With online meetings it is difficult to monitor who is in the room. If there are people present who are not members of AA please be aware of our traditions, especially the importance of anonymity. If you are sensitive about your anonymity please be mindful of Open Meetings. Please note how your name appears in your Zoom profile. In the event you are new to AA or have family or friends that happen to be in the room while you are in an online meeting, please remember "What you hear here, when you leave here, please let it stay here." During the comment portion of the meeting please confine your comments to your problems with alcohol. Please keep your comments brief so as many people as possible may share

I've asked (someone) to read (whatever readings this meeting regularly uses).

May we now have a brief quiet time.

Is there anyone here attending their first meeting of AA in life? If so, use the hand raise prompt on your screen and give us your first name.

Is there anyone in their first week of sobriety?

Is there anyone celebrating an AA anniversary?

This meeting ends promptly at (time)

The 7th Tradition states that all AA meetings shall be self-supporting. Even though the doors of North Shore Alano are closed we still have significant expenses like rent and payroll for our stewards. Please help us continue our mission by making a donation via PayPal. There is a link on our website. Thank you.

If you are new to AA, struggling, or in need of a sponsor please use the chat function on Zoom to convey your thoughts. For those willing to help, please follow those comments and respond as you are able. We are all in this together.

This brings us to the (format of meeting).

It's now the comment portion of the meeting. Please use the hand prompt to indicate your desire to share and I will call on you.

Thank you all for attending, we will now close with (Lords Prayer, Serenity Prayer)